

# NAKSHATRA AND VASTU REMEDIES FOR KETU

*BY RENU*

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# REMEDIES

## *BACKGROUND*

**R**emedies or remedial measures for planets, constellations (nakshatra) and Vastu dosha are popular in Astrology. Their prime purpose is to address suffering or ill effects of planets, constellations or Vastu dosha. Having said that some astrologers or consultants do suggest remedies for enhancing their good influences on us. My personal opinion is to perform remedies only for addressing ill effects only.

### **Why we suffer or need remedies**

This can be understood by an inherent concept in Sanatana Dharma (popularly known as Hinduism) where reincarnation (cycle of rebirths) is believed, a process which affects every living entity on earth.

Every birth incorporates well, bad and neutral (no adverse or good effect, like progress in spirituality) karma. Suffering or happiness in the present life is driven by good and bad karma in past and present birth deeds. Remember 5<sup>th</sup> House (past life deeds) and 9<sup>th</sup> (future birth) in our birth chart or horoscope signify and give good indicators. Sometimes we do so many bad karmas in one life only that the cycle of rebirth continues until many births to suffer from past deeds and present life's deeds as well. It is the same for good karma. This continues until it balances out and that day means no more rebirth on earth.

Now, most people do say if we have to suffer from these past and present deeds anyway then what is the point of doing these remedial measures. Here, Astrology comes into the scope and provides some insight.

Astrology, a divine and well advanced (beyond humans' grasp) science is leveraged to understand what is coming ahead of us, like an event. This does not mean that we can overcome or bypass that event (good or bad). What we are

shown or guided by astrology is, that please be mindful of these events and take some steps to mitigate or do some remedial measures to address its severity.

This means remedial measures are prescribed to reduce the severity of an event or happening only, that does not mean we can overcome an event. Example if someone's birth chart signifies an accident, which could break his or her leg, then by performing remedial measures, we can only reduce the severity of that accident (event), resulting in only a few stitches or minor scratches but cannot mitigate an accident or an event cannot be stopped or bypassed. Therefore, remedial measures are performed to get some relief from these adverse or life-changing events.

### How does it work?

The popular belief is that these measures work because by performing these, we are influencing the basic nature of a planet or a constellation and hence we can overcome an adverse event. As described above, it is not true, in fact, planets never change their inherent behaviour, they behave the same for everyone, good or bad. So, then the question arises how it works.

Well, this can be understood by the following:

Our birth chart (*horoscope, at least theoretically*) is created by the positioning of each planet in our solar system on the day of birth. This reflects our past, present and future. On this day (*theoretically*) it was finalised that we have an outstanding balance of deeds from the past life (in 5<sup>th</sup> house) and in the present life, we will repay for our past and will do deeds to decide the future (9<sup>th</sup> house) as well. Therefore, it was finalised on the day of birth that every individual will have a different life or journey towards his or her destiny.

By performing these remedial measures, we are trying to address the imbalance of bad deeds from past and present life.

When a day for an event comes in natives life, on that day respective planet for that event like Saturn will check our deeds balance. At the time if we have accumulated fewer bad deeds then a less severe event if more than the more severe event will take place. Since we are not in a position to find what we did in a past life, it's hard to balance out those effects in the present life. Hence any measure we do in the present life will never compensate for our outstanding balance from the past. Therefore, we will never bypass or stop an event by performing remedies.

This is a very simplistic view of things in my opinion. I am sure there are other

viewpoints, which could explain this aspect. I do not have any insights into those, but I do respect them.

# TYPE OF REMEDIES

Let me point out that Sage Parashara has not prescribed remedies as such; he has only referred to the recitation of mantra or stotra and donation or charity. Hence, I am not recommending any specific remedy. I am highlighting these various measures in practice, which are being prescribed.

## Classify

Remedies or remedial measures can be classified by applying the following lenses to identify which one to perform, how, when and which direction. These lenses are the following:

Element: What type of activity to perform

Direction: represented by each zodiac or sign

When (hora) and what day of the week is represented by each planet and constellation lord

Caste: what each planet signifies which activity they represent

Moola (root, plants or herbs), Jeeva (Animals), Dhatu (Metal or mineral)

Ayurvedic Nature: Airy (Vata), Pitta (Fiery), Kapha (Watery)

More lenses signifying characteristics, nature and representation of each planet can be applied to fine-tune these remedial measures.

## Element Based Classification

- Fire or Agni: If a remedial planet is of Agni Tatva (fiery element) or in Agni Rasi (fiery Zodiac), then remedies should be based on homa (yajna), praying Agni Deva, lighting a lamp or incense stick or dhoop before starting any remedy
- Air or Vayu: If a remedial planet is of Vayu Tatva (Air element) or in Vayu Rasi (Airy Zodiac), then remedies should be based on reciting or chanting Stotra or doing yoga and taking blessings of Vayu Deva before starting any remedy
- Earth or Prithvi: If a remedial planet is of Prithvi Tatva (Earth element) or in Prithvi Rasi (Earth Zodiac), then remedies should be based on feeding to living beings like humans, animals or birds, walking barefoot or wearing an

element or threads and taking blessings Prithvi Deva before starting any remedy

- Water or Jal: If a remedial planet is of Jal Tatva (Water element) or in Jal Rasi (Watery Zodiac), then remedies should be based on donating by immersing items in the stream of flowing water (clean) and taking blessings of Jal Deva before starting any remedy

## **Direction Based Classification**

- Aries: East
- Taurus: South
- Gemini: West
- Cancer: North
- Leo: East
- Virgo: South
- Libra: West
- Scorpio: North
- Sagittarius: East
- Capricorn: South
- Aquarius: West
- Pisces: North

If a planet whose remedy is prescribed is placed in Pisces, then it must be performed while facing North direction or if a planet placed in Gemini then West direction is to be used.

## **Time (Hora) And Day**

Time to perform a remedy is usually prescribed in the hora of each planet and day represented by that planet. Having said that there are other days and time when these can be performed for the respective planet.

## **Day**

- Sunday: Sun, some time for Rahu
- Monday: Moon

- Tuesday: Mars, Ketu
- Wednesday: Mercury, Rahu
- Thursday: Jupiter
- Friday: Venus and sometimes Saturn to appease via Venus
- Saturday: Saturn, Mars

## Hora

1<sup>st</sup> hour from sunrise is allocated to the respective day and planet represented by that day. Then go back to 3<sup>rd</sup> day from that day and continue until you reach the 7<sup>th</sup> day.

So on Sunday 1<sup>st</sup> hour from sunrise is Sun's Hora., 3<sup>rd</sup> day backwards is Friday, so next hour Hora is for Venus, next hour Hora will be for Wednesday or Mercury and so on.

Time	Sun	Mon	Tue	Wed	Thu	Fri	Sat
Sunrise to 1 hr (Say 6-7 am)	Sun Hora	Moon Hora	Mar Hora	Merc Hora	Jup Hora	Ven Hora	Sat Hora
7- 8 am	Ven Hora	Sat Hora	Sun Hora	Moon Hora	Mars Hora	Mer Hora	Jup Hora
8-9 am	Merc Hora	Jup Hora	Ven Hora	Sat Hora	Sun Hora	Moon Hora	Mars Hora
9-10 am	Moon Hora	Mars Hora	Merc Hora	Jup Hora	Ven Hora	Sat Hora	Sun Hora
10-11am	Sat Hora	Sun Hora	Moon Hora	Mars Hora	Merc Hora	Jup hora	Ven Hora
11-12pm	Jup Hora	Ven Hora	Sat Hora	Sun Hora	Moon Hora	Mars Hora	Merc Hora
12-1pm	Mars Hora	Merc Hora	Jup Hora	Ven Hora	Sat Hora	Sun Hora	Moon Hora
1-2 pm	Sun Hora	Moon Hora	Mars Hora	Merc Hora	Jup Hora	Ven Hora	Sat Hora
2-3 pm	Ven Hora	Sat Hora	Sun Hora	Moon Hora	Mars Hora	Sun Hora	Jup oHra
3-4 pm	Contd.	Contd.	Contd.	Contd.	Contd.	Contd.	Contd.

## Ayurvedic Nature

- Airy (Vata)



- Qualities: cold, dry, Light, moving, flighty, spiritual, thin
- Taste: bitter, astringent, pungent or spicy, raw

- Fiery (Pitta)

- Qualities: hot, oily, light, fiery, vibrant, successful, aggressive
- Taste: sour, pungent or spicy, salty, fetid, warm

- Watery (Kapha)

- Qualities: cool, oily, heavy, stable, slow, methodical, greedy
- Taste: sweet, salty, sour, creamy, heavily cooked

# DONATION OR CHARITY

## Type

The following type of donations are recommended for remedial measure

- Gupt Daan: Anonymous donation
- Vidya Donation: Donation related to education
- Kanya Daan: Donation related to the marriage ceremony of a girl
- Anna Daan: Donation related to grain and food items
  - Anna Daan is usually prescribed as Tula Daan (Donation of items according to your weight) in one go on the day of your Janma Nakshatra
  - Another way to donate is over 12 months.
  - Example if your weight is 60 Kg then donate 5Kg ( $60/12\text{months} = 5\text{ Kg/month}$ ) each month
- Other: there are other types of donation which can be leveraged

*Note: Donations are prescribed or recommended only for 3<sup>rd</sup>, 6<sup>th</sup>, 8<sup>th</sup> 12<sup>th</sup> house lord only*

## STOTRA

## Type

There are various types of stotra or mantra from sattvic to Tantrik. I have primarily described sattvic and rajasic mantras here.

- Sattvic: primarily for our spiritual elevation
- Rajasic: for material gains and desires

## TYPE OF WEAR

## Gemstones

Vedic astrology mentions gemstone but doesn't prescribe any gem as a remedy. Scriptures like Narada Purana prescribes gems as a remedy for planets, where Varahamihira, the great astrologer has highlighted gems and their benefits in Brihat Samhita but does not prescribe them as remedies in his renowned text of Brihat Jataka

## Rudraksha

Rudraksha is a seed used for prayer and japas in Hinduism. The seed is produced by several species of large evergreen broad-leaved tree in the genus *Elaeocarpus*, with *Elaeocarpus ganitrus* being the principal species used in the making of organic jewellery or *mala* (necklace). Since this is an organic material, it is worn in a chord rather than a chain.

Rudraksha has been suggested in various Puranas and has some remedial effect on a native. A proper consultation is required to wear them.

*Note: Sankalp and prayer of kuldevi or kuldevta is advised every day and before starting any remedy*

# ASTRO DECLUTTERING

- Decluttering means removing unnecessary items from an untidy or an overcrowded place.
- Astro Decluttering means removing unnecessary items or tidy a place while keeping each planet significant items in mind while executing this exercise.
- Tidying and Decluttering our home and place where we live and work is vital to ensure we live a happy, successful and prosperous life in harmony. I gather it is easy to then practice it because people have emotional and functional connect with items at home and work. Hence, they keep them for a longer duration, thinking that this can be used in future. In doing so what they don't realise is, that this is not a good practice at all and it influences their day to day life negatively.
- Every object we use or interact at home or work or other places has some energy and it connects with our environment and universe. Therefore, every object or item needs appropriate care, consideration and handling.
- So to Declutter, our life, 1st step is to recognise that we have a problem of Declutter. Secondly, we need to identify what items are causing what symptoms. Once we have established that then we can either donate, discard or organise them depending upon the need, purpose and joy from that item.
- As a thumb rule any item that hasn't been used for more than one year or four seasons or doesn't give any joy to you or your family or outlived its purpose, then it must be removed or donated because it is unlikely it will be used again. Besides, donating items will allow needy people to use them and in return, you and your family will get blessings from them.

*PLANETS - CLUTTERING SYMPTOMS,  
DECLUTTER BY DONATION AND*

# ORGANISING

- As discussed earlier it is vital to understand what planets signify what items, metals, idols, and animals in the house or at work.
- If these items or belongings (*signifying respective planet*) are not kept properly with care or are broken, then not only it adds to the clutter, but it impacts each planet significance resulting in lack of success, harmony and happiness in life.
- Decluttering impacts your planets and zodiacs in your birth chart, resulting in various impediments and griefs in day to day life.
- Once these items are established with symptoms, the next step is to identify what items need to be discarded or donated and what items need to be organised.



# KETU OR SOUTH NODE OF MOON

## *BACKGROUND*

**K**etu or South Node is a shadow planet and wherever it is placed will suck all the energy out of that and will never give any result or outcome signifying that house.



### Info

- Gender:
  - Androgynous (partly male, partly female)
- Time in Each Zodiac or Sign: 18 months
- Zodiac or Sign: Scorpio (Vrischika) and some consider Pisces (Meena)
- Nature:
  - Malefic
  - Tamasic: ignorant, lethargic
- Taste or Flavor:

- Metal:
- Colour: Brown, Grey or Multicoloured (mix)
- Animal: Dog, Snake, Donkey, Owl, Wolf, Camel, Mosquito, Insect
- Signifies: Moksha, Divine Knowledge, Occult (Astrology), Mystical, Psyche, Bad Dreams, Isolation
- Ruling Deity: Rudra, Brahma
- Constellation or Nakshatra:

Ashwini

Magha

Mula

- Day of Week: none but Tuesday is recommended for remedies
- Direction: South West
- Exalted (Uccha) Sign or Zodiac: 15° Scorpio (Vrischika)
- Debilitated (Neecha) Sign or Zodiac: 15° Taurus (Vrishabh)
- Positional Strength (Digbala): 12<sup>th</sup> House
- Number Represented: 7

# REMEDIES

## Recite Or Chant

- Recite Ganesha Dwadashanama Stotra (*refer Appendix*)
- Recite Shiva Panchakshari Stotra (*refer Appendix*)
- Recite Ketu's moola mantra (*revealed sound or combination of sequences of sound*)

Om shram shreem shroum sah ketave namah

*Do it 7000 times in 40 days*

- Recite Ketu's Stotra  
Palasha pushpa sankasham taraka graha mastaka  
Roudram roudratmakam ghoram tam ketum Pra  
amamyaham

- Recite the following mantra for Lord Ganesha

Om Gam Ganpathaye Namah

## Pooja Or Prayer

- Worship Matsya Avatar (*1<sup>st</sup> Avatar of Lord Vishnu in the form of a Fish*)
- Worship Lord Ganesha

## Plant

- Keep Ashwagandha tree (*Withania Somnifera*), root or a piece in a grey colour cloth it with you

## Donate Or Charity

- Donate  
Black Cow, Black mustard seeds, Horse gram, Tin (items made of tin), white sesame seed
  - *Recommended Time: Begin from 1<sup>st</sup> Saturday or Tuesday of Waxing*



*Moon (Shukla Paksha) during Saturns hora*

- *Saturn Hora: one hour during the day after sunrise. Refer to any online panchang (lunar/moon-based calendar) for a respective hour during the day and place*

## Fasting

- Keep fast (no food intake) on Thursday  
Fast meaning: Sacrifice of food. The sacrifice of food. Milk products, food items, sweet or dessert intake is not advised during this fast. Fruits can be taken during the day  
Open your fast or take a meal in evening or night after moonrise only

## Wear

- Rudraksha  
Wear 9 mukhi (9 faces) Rudraksha  
*This is grown on Rudraksha (Elaeocarpus ganitrus) Tree*
- Gemstone  
Cats Eye, Chrysoberyl  
*For specifics on what weight, metal, which finger or other information, please consult an astrologer or a qualified priest*
- Ornaments

## Yoga

Practice Anulom-Vilom, KapalBhati Pranayama, Aginsar Pranayama, Sirsasana

## Precautions

Take the following precautions if your Ketu is afflicted or weak in your birth

chart (horoscope) for the following houses

- Ketu in 1<sup>st</sup> H
  - Don't stay in a house at the end of a lane or avenue
- Ketu in 2<sup>nd</sup> H
  - Need to have a clean character
- Ketu in 3<sup>rd</sup> H
  - Apply Saffron on your forehead (Kesar tilak)
  - Do not keep the rope in at home
- Ketu in 4<sup>th</sup> H
  - do not insult your family priest
  - Do not refuse a gold ring or a cot from your in-laws
- Ketu in 5<sup>th</sup> H
  - Do not keep items related to Saturn at home (iron, black coloured items)
- Ketu in 6<sup>th</sup> H
  - Do not refuse a gold ring or a cot from your in-laws
  - Do not fight with daughters or sister in law
- Ketu in 7<sup>th</sup> H
  - No lies or false promises
- Ketu in 8<sup>th</sup> H
  - Do not keep the rope at home in bundles.
  - Do not tie a dog on the terrace of your house
- Ketu in 9<sup>th</sup> H
  - Do not scare a dog near your house or stays near your house

- feed dogs or look after them
- Ketu in 10<sup>th</sup> H
  - Clean character and no flirting or affairs
- Ketu in 11<sup>th</sup> H
  - Don't curse your destiny
- Ketu in 12<sup>th</sup> H
  - Don't buy property or house from a person without progeny

# THEME BASED REMEDIES

## For Relief From Ketu

- Recite following for Lord Ganesha every day
  - Om Ganaadhipa Namostuste
  - Om Umaputra Namostuste
  - Om Agha Nashana Namostuste
  - Om Ishaputra Namostuste
  - Om Sarva Siddhi Pradaaya Namostuste ka
  - Om Ekdanta Namostuste
  - Om Ibha Vaktra Namostuste
  - Om Mushaka Vahana Namostuste
  - Om Kumaara guru tubh yum Namostuste
- *Recommended Time: Begin from 4<sup>th</sup> Day of Waxing Moon (Shukla Paksha) of Lunar Month*

## Generic Remedies

Light a pure Chandan (sandal) incense sticks on the left side of your main door  
Hoist a Red Flag

hoist a red flag in your home in north or east direction or donate a red flag to Lord Hanuman,

the shape of the flag is a triangle, where the tail is pointing to the west  
cotton is the preferred cloth for the flag, shiny cloth like silk or satin is prohibited because that brings Rahu's influence

tie the top and bottom of the flag so that it doesn't move during winds

Feed dogs or look after them, the black or grey coloured dog is preferred

Buy some fish (live) and immerse them in flowing water

Donate grey or black and white coloured blankets to needy or poor

Donate white sesame seed laddoo (sesame seed mixed with jaggery)

Donate 4 Elaichi (Dwarf) bananas on a Thursday

Drink Saffron coloured milk

Immerse Jaggery, a lemon inflowing stream of water

Cracks in House, Wall and Floor

Cracks are signified by Ketu

To ensure cracks are fixed, put some Red sand in it before closing or fixing that crack

# DECLUTTERING SYMPTOMS

If a dog, grey coloured household items, items made of Tin, flags, medicines, blankets, idols (like Ganesha) are not kept properly with care or are broken then it impacts the following:

- lack of immunity in the body to fight disease
- a higher degree of health consciousness
- medicines are ineffective in curing disease
- obstacles in day to day work
- dreams of snakes, fear of spirits
- chances of surgery
- a curse from ancestors (*from mother side*) delaying everything in life
- struggle in concluding their argument while speaking or talking to someone
- north of northeast direction is cluttered or not utilised properly at home

## DECLUTTER

- To declutter the following steps are required
  - 1<sup>st</sup> Discard and Donate
  - 2<sup>nd</sup> Organise

### Discard And Donate

- Once symptoms, items and zones are identified, the next step is to make a call on what items to discard or donate so that they can be reused by someone else
- In the case of Ketu following items can be discarded or donated
  - discard broken grey, black & white coloured items
  - discard broken Ganesha idol
  - discard broken gym and yoga gear
  - discard old and expired medicines
  - discard or donate brown coconut
  - discard broken pictures of your ancestors

- discard ripped or old flags
- donate extra blankets esp. grey or black & white coloured
- discard or donate broken items made of Tin

## Organise

- Once we donate or remove items which are not needed then we need to tidy our place to ensure every object is properly placed at its designated place
- In the case of Ketu following can be done
  - clean Ganesha idol every day
  - clean and tidy north of northeast zone of house or work
  - while talking ensure don't try to conclude all your arguments
  - organise your medicines and keep it in the north of the northeast corner
  - organise your blankets and keep them in a vertical storage style (like a bookshelf)
  - look after your dog and his belongings
  - keep your flags organised and keep them in a tidy place

## Precaution

- To ensure there is no clutter, please do the following

put each item back to its position after its use

assign a place for each item in the house where it is kept, else it will be kept at various places which will be hard to find

use organisers like drawers, boxes or built-in shelves

don't keep things in a horizontal stack, but use vertical storage style like books in the bookshelf as shown below

don't get carried away by the emotional value attached to an item, attention needs to be paid 1st on functional value and then the emotional value

don't complain or crib about things in life, esp. the house where Ketu sits in your chart, like if Ketu is in 7th house, then the person will complain or crib about his or her partner, always thinks you are better off from others and every day is a blessing ensure your ducts are clean



△△△



# NAKSHATRA OR CONSTELLATION BASED REMEDIES

There are 28 nakshatras or constellations known to us, but we only refer to 27 nakshatras in natal astrology.

For this book, we have compiled remedies for Ketu's three nakshatras that is, Ashwini, Magha and Mula.

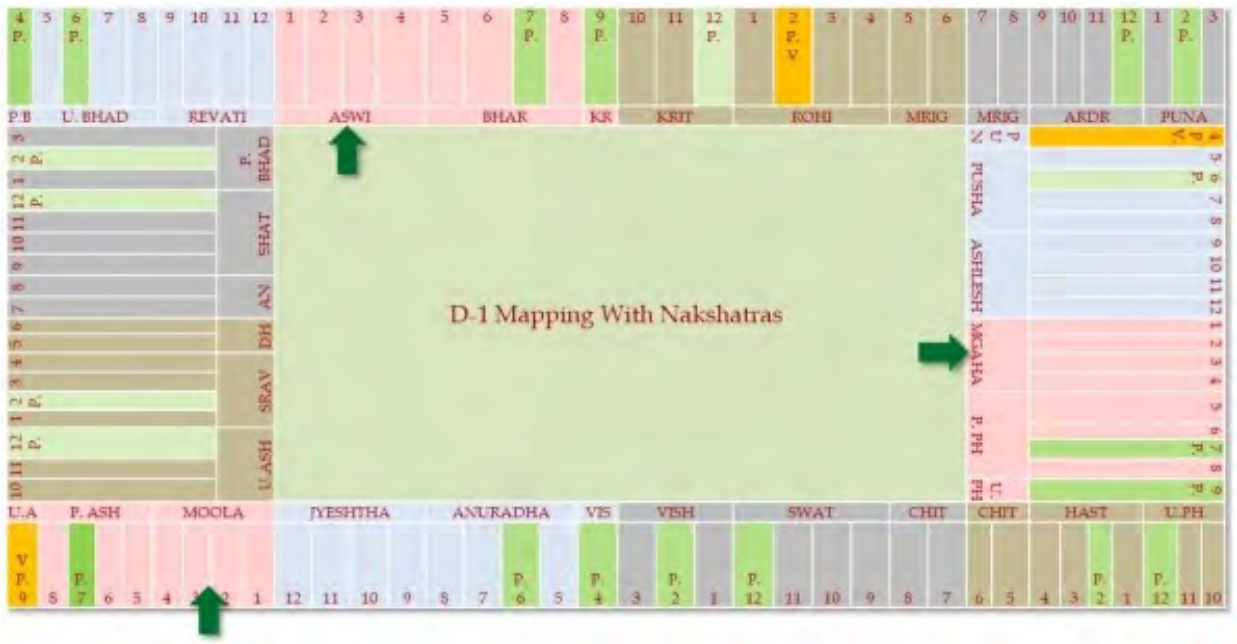
Note:

*Abhijit is 28<sup>th</sup> nakshatra, whose planetary lord is Sun, the ruling deity is Brahma and its zodiac or sign is Capricorn (6°40' -10°53' 20").*

## D-1 MAPPING WITH NAKSHATRAS

Following diagram shows how all nakshatras are mapped to 12 zodiacs using South Indian style birth chart.

Sections marked with P (green coloured) and V (orange coloured) are Punarvasu Nakshatra and Vargottama. *From CS Patel's Book on Navamsa*



# ASHWINI

## Info

- Presence in Zodiac or Sign: Aries
- Ruling Planet: Ketu
- Symbol: Horse Head, Horse Carriage
- Purpose: Dharma
- Nature:
  - Spontaneous, Straightforward
  - Airy (Vata)
  - Guna: Sattvic and later Rajasic
  - Gana: Dev
- Caste: Vaishya
- Gender: Male
- Animal: Male Horse
- Bird: Swan (Hamsa)
- Ruling Deity: Ashwini Kumar's, Lord Shiva, Sun
- Key Words: Fast and swift, Helpful, Travelers, Love for horses, Knower of secret, knowledge, Charming, Elegant and stylish, Skilled at healing, Have association with number three, Impulsive behaviour, Matchmaker or breaker
- Operating Nature: Light, Swift, Laghu, Kshipra

**Key Activities:** good for giving and taking. Things done on this nakshatra give results in swiftly. Ashwini being known as celestial gods for healing hence taking medicine or seeing a doctor on this day is beneficial. Besides, this constellation is favourable for admission in school or college, taking or giving loans, journey and travel

# REMEDIES

## Recite Or Chant

- Recite following Beej Mantra (*revealed sound or combination of sequences of sound*) on Ashwini Nakshatra day
  - Om Aam or Om Im 108 times
  - Om Nama Shivaya Shubham Kuru Kuru Kandehtdudharaya Nama Om

*Ashwini Nakshatra day means when the moon transits this nakshatra in the lunar month*

## Pooja Or Prayer

- Worship Lord Shiva and Lord Ganesha

## Donate

- Donate medicines in charity
- Donate white sesame seed laddoo (sesame seeds mixed with jaggery)
- Donate 4 Elaichi (Dwarf) bananas on a Thursday

## Plant

- Plant this tree or Water it or look after it
  - Poison Nut (kuchala) Tree, Calotropis (Aak)

## Other

- Visit a doctor for a medical check-up when Moon is in Ashwini Nakshatra because represents physician of the Gods
- Feed dogs especially stray dogs
- Keep a picture of twin Horses with Sun behind them

## What Car To Buy

- To buy a car which will activate 4<sup>th</sup> house following sounds to be used to find the name of the company of the car (instead of the model name). Nakshatra must be your janma nakshatra, meaning your moon is placed in this nakshatra. These sounds are:
  - Pada 1 - Chu
  - Pada 2 - Che
  - Pada 3 - Cho
  - Pada 4 - La

# MAGHA

## Info

- Presence in Zodiac or Sign: Leo
- Ruling Planet: Ketu
- Symbol: Throne, Planaquin
- Purpose: Materialistic (Artha)
- Nature:
  - Magnificent, Master, Fierce, Power
  - Watery (Kapha)
  - Guna: Tamasic (ignorance, lethargic)
  - Gana: Demon (Rakshas)
- Caste: Servant (shudra)
- Gender: Female
- Animal: Male Rat
- Bird: Eagle
- Ruling Deity: Pitris or Ancestors
- Key Words: Magnificent, Achievement, Pitris (Ancestors), Traditional or Ancient knowledge, Authority, Ethical, Egoistic, Tantra or Black Magic, Duty or Honour, Reserved, Royal Throne
- Operating Nature: Fierce, Severe, Ugra

**Key Activities:** This Nakshatra is for pitris, so worshipping pitris on this day is recommended. Being a fierce nakshatra in nature surgeries can be done and action against enemies can be executed on this day. Besides its suitable for meditation, starting war or litigations, use of ammunition or any work involving the use of fire and violent action can be initiated on this day

# REMEDIES

## Recite Or Chant

- Recite following Beej Mantra (*revealed sound or combination of sequences of sound*) on Magha Nakshatra day
  - Om Gham, Om Ngam 108 times
  - Om Nama Shivaya Shubham Kuru Kuru Dakharye Nama Om
- *Magha Nakshatra day means when the moon transits this nakshatra in the lunar month*

## Pooja Or Prayer

- Worship Goddess Kali, Lord Shiva or Lord Ganesha or your ancestors
- Do prayers for Ketu and pay gratitude towards your elder and ancestors
- Perform shradha ceremony in prescribed day and month

## Donate

- Donate black and white or grey coloured blankets
- Donate clothes or feed servants on Full mon day or Magha Nakshatra day

## Plant

- Plant this tree or Water it or look after it
  - Banyan (barghad) Tree

## Other

- Light a ghee lamp in the evening on Amavasya (New Moon day) for Pitris
- Install picture of your ancestors from both sides in the South West corner of

your house

- Don't light a lamp or put garland
- Don't keep a picture of ancestors in the pooja (worshipping) room
- Install a red flag at your home in east direction, Keep a red cloth with you
- Feed Dogs (represent Ketu) or look after them
- Don't kill rats, feed them if possible
- Reciting name of nakshatra as MAGHA activates this nakshatra
  - Donald Trumps ASC nakshatra is in Magha and he used this word MAGA – “Make America Great Again” to activate this royal nakshatra

## What Car To Buy

- To buy a car which will activate 4<sup>th</sup> house following sounds to be used to find the name of the company of the car (instead of the model name). Nakshatra must be your janma nakshatra, meaning your moon is placed in this nakshatra. These sounds are :
  - Pada 1 - Ma
  - Pada 2 - Mi
  - Pada 3 - Mu
  - Pada 4 - Me



# MULA

## Info

- Presence in Zodiac or Sign: Sagittarius
  - Ruling Planet: Ketu
  - Symbol: A tied bunch of Roots, Reticulated Roots
  - Purpose: Desire (Kama)
  - Nature:
    - Foundation, Get to the root, Relentless, Impulsive
    - Airy (Vata)
    - Guna: Tamasic (Ignorance, lethargic)
    - Gana: Demon (Rakshas)
  - Caste: Butcher
  - Gender: Androgynous
  - Animal: Male Dog
  - Bird: Red Vulture
  - Ruling Deity: Nrity (Goddess of dissolution)
  - Key Words: Destruction, Transformation, Painful experiences, Grounded, Self-preservation, Responsible, Goes to the root of things, Unconventional, Rags to riches and vice versa, Emotional swings
  - Operating Nature: Sharp, Dreadful, Tikshna
- Key Activities:** Good for doing shradh for your pitris. Being a sharp and dreadful nakshatra it is good for taking action against enemies, applying for divorce (Ketu is separation), hypnotism, black magic and casting spells

## REMEDIES

## Recite Or Chant

- Recite following Beej Mantra (*revealed sound or combination of sequences of sound*) on Mulaa Nakshatra day
  - Om Nam, OmPam 108 times
  - Om Nama Shivaya Shubham Kuru Kuru Dhanakkya Nama Om
- *Mula Nakshatra day means when the moon transits this nakshatra in the lunar month*

## Pooja Or Prayer

- Worship Lord Rudra (Shiva)
- Worship Goddess Kali

## Donate

- Donate white sesame seeds, Tin (items made of tin)

## Plant

- Plant this tree or Water it or look after it
  - Salai, Black Damar

## Other

Keep a picture of tied roots and look at it every day

Light a sandal (Chandan) incense stick on the left side of your main door

Donate a garland made of 11 lemons in Goddess Kali's temple

Feed Dogs (represent Ketu) or look after them

## What Car To Buy

- To buy a car which will activate 4<sup>th</sup> house following sounds to be used to find the name of the company of the car (instead of the model name). Nakshatra must be your janma nakshatra, meaning your moon is placed in this nakshatra. These sounds are :
  - Pada 1 - Ye
  - Pada 2 - Yo
  - Pada 3 - Ba
  - Pada 4 - Bi

# NOTE ON TIMING

Note: Every remedy for each planet and constellation or nakshatra could be performed on the respective day (*described earlier in each section*). However, there are two constellations or nakshatras which are regarded as doctors of gods (Dev Vidhya). These two are Ashwini and Shatabhisha and are known as Parihara nakshatras. Therefore, any remedy performed when the moon transits these nakshatras in a lunar month gives good results.

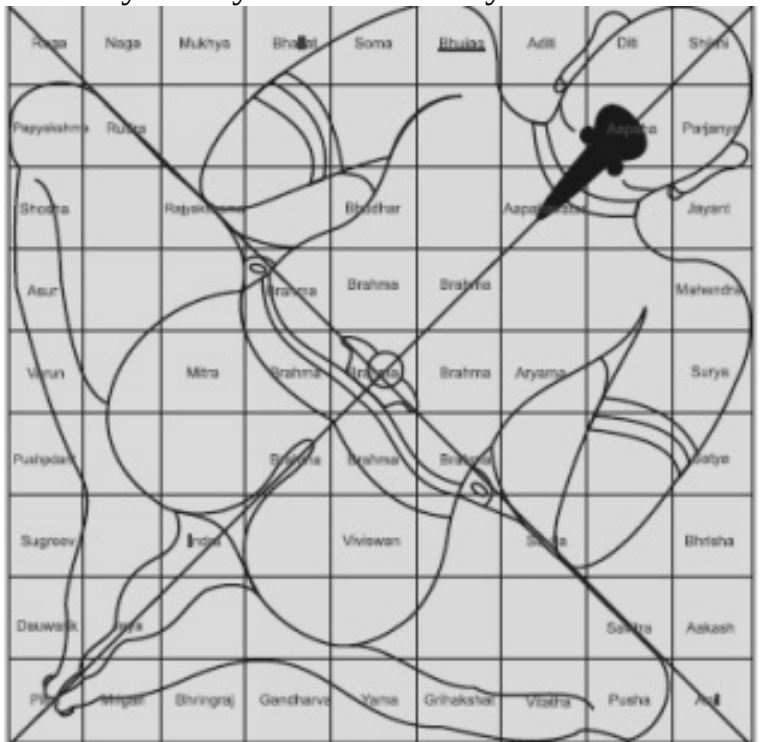


# VASTU SHASTRA BASED REMEDIES

## *BACKGROUND*

Vastu Shastra is a traditional system of architecture for designing and building structures in harmony with nature and our universe. This science is prescribed in our Vedas (ancient scriptures of India, say Hinduism). It is an integral part of Vedic astrology and must not be treated as a separate science.

Ancient Vastu Shastra principles layout how temples, houses, cities, gardens, roads and other structures need to be built. Today this science is popular under the name of Vastu, Mahavastu and closely related Feng Shui. Vastu provides solutions for most problems in our day-to-day life without any demolitions or

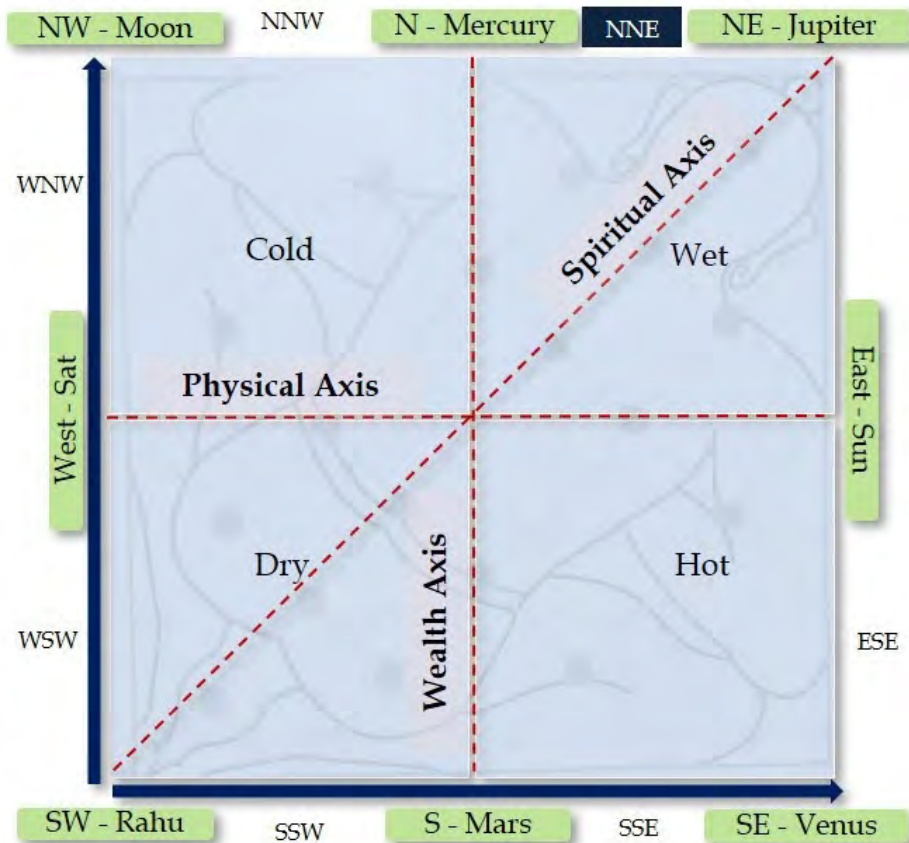


major constructional changes.

# INFO

- Lord: Vastu Purusha (Person)
- Responsible: for happiness and strength of the structure
- Facing: Facing Downward
- Number of Dev: 45 Devas are controlling respective zones
- Elements: Five
- Directions to Consider: 16
- Each Direction Zone or Area: 22.5° only, from the centre of any structure in scope

## ATTRIBUTES OF DIRECTION: NORTH OF NORTH EAST



- Signifies: Health Solution, Healing, Immunity

- Devta: Aditi (mother of Devtas)
- Characteristics: Lakshmi, Shree, Money, Vaibhav
- Planet: Ketu
- Colour: Blue, Black
- Element: Water
- Shape: Flowing or Wavy
- Body Part: Ear, Nerves

# REMEDIES

- Imbalance if the zone is contracted or less
  - Week immunity
  - Treat that zone with Blue colour
- Imbalance if the zone is extended or extra
  - Healthy and too much health-conscious
  - Treat that zone with Green colour

- From Ocean Churning

Vastu has a close link with items which came out from Ocean churning when Devta and Demons were fighting

For North of North East (NNE) direction, it's lord Dhanvantri, physician of gods and controller of medicine

best place to keep the picture of lord Dhanvantri in NNE, it enhances immunity and assists in recovery from any ailment

- Other Items or Symbols to Use

Brass Lion, Medical Kit, Medicines, Lord Dhanwantri Picture, Ketu Yantra

Please refer 45 devtas zone with 9 maha marmas zones marked as red dots



14	9	16
15	13	11
10	17	12

Ketu Yantra

- **Preferred**

Use this zone for a person recovering from an ailment, once recovered or healed move to your original zone of resting

Medical Clinic and Doctors Consulting Room

## Precautions



No Fire Element or Red colour and Earth Element or Yellow colour

Avoid Kitchen, Toilet, Bin, Electrical items

## How To Recognise Ketu House

mysterious, house on the corner

open from three sides or three entrances because a number is associated with Ketu

dogs cry near that house or dog use the surrounding of that house for toilet or potty

long corridors, rubbish or bin nearby the house

## Generic Remedies

- Keep water filled in Terracotta or an earthen pot in the North East corner of your house and refill it every week
- Take blessings of Vastu Purusha Everyday
- Keep Yellow scented flowers in your house
- Wipe your main door every day or once a week to gain positive energy and decrease the effect of Rahu
- Place an idol of Lord Ganesha outside of your house and place the same replica inside of your house. Keep in a way that they are back to back
- No heavy, pointed, sharp items like Knife, Nails as head of Vastu Purusha lies here
- No slope in South direction
- If your Ascendant and Ascendant Lord is strong than good ventilation and entry of the house is present
- Do not keep Broken Glass, Idol of God and Goddess in your home
- Do not Plant or Keep Cactus in your home. The thorny plant represents Mars and depending upon the placement of Mars in your chart a remedial step is required
- Windchime made of 7 metallic rods can be placed towards the western direction of the house as a remedy to address ill effects of Saturn

- Never keep broken or non-working electrical or electronic items as it increases the influence of Rahu
- Sound of the doorbell has to be pleasing else it creates short temperament among house members
- Running water or leakage of water or broken tiles or marbles needs to be replaced immediately
- Never sit in a position while putting your back at the main door of the house. This creates deceits, backstabbing and unwanted visitors
- Install a nameplate of your house on the main entrance to enable opportunities to find you easily. Lighting the nameplate increases the effect manifold
- A Garden needs to be in the Northeast or East zone and it needs to be kept clean
- A storeroom needs to be in the South-West zone
- Tie eight peacock feathers for with a white coloured thread. Recite the following mantra 108 times Om Somay Namah. Keep these in your home
- Add sea salt to the water while cleaning and mopping your house or a premise in use.
- Do not keep broken utensils or dishes, mirror, broken bed in the house
- Discard or fix any broken watch or clock in your house
- Keep your face towards the East (long life) or North (money) while having your meal. South and West needs to be avoided
- Always clean your dishes and utensils after a meal and tidy your kitchen (Mars) meal zone
- Offer water to your visitors every time they come home, reduce Rahu (North node of Moon) influence
- Every time you come home, bring something home, this enhances wealth and chances of success



# APPENDIX

# MANTRAS FOR KETU OR SOUTH NODE OF MOON STOTRA

# GANESHA DWADASANAMA STOTRA

This stotra is addressed to Lord Ganesh and is described in Narada Purana.

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- Om Shree ganeshaya nama
- Pranamya sirasha devam gauri putram Vinayakam,
- Bhaktavsam smaren nithyam ayur kama artha sidhaye
- Prathamam Vakra thundam cha Ekadantham dveethiyakam
- Trithiyam Krishna pingalaksham Gajavakthram Chathurthakam
- Lambhodaram panchamamcha Sashtam Vikatameva cha
- Sapthamam Vignarajam cha Dhoomra varnam thadashtamam
- Navamam phala chandram cha Dasamam thu Vinayakam
- Ekadasam Ganapathim Dwadasam the gajananam
- Dwathasaithani namani Trisandhyam ya paden nara
- Nachavigna bhayam thasya Sarva sidhi karam dhruvam
- Vidyarthi labhadhe vidhyam Danarthi labhathe danam
- Puthrarthi labhathe puthran Moksharthi labhathe gatheem
- Japeth Ganapathi sthothram Shadbhir masai phalam labeth
- Samvatsarena sidhim cha Labhathe nathra samsaya
- Ashtanam Brahmanam cha Likihithwa ya samarpoayeth
- Thasya Vidhya bhaveth sarvaa ganesasya prasadatah
- Ithi Sri Narada Purane Samkashta nasanam Ganapathi stotram Sampooranam

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# SHIVA PANCHAKSHARI STOTRA

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नागेन्द्रहाराय त्रिलोचनाय  
भस्माङ्गरागाय महेश्वराय ।  
नित्याय शुद्धाय दिगम्बराय  
तस्मै न\_काराय नमः शिवाय ॥१॥

Naagendra Haaraaya Tri Locanaaya  
Bhasma Angga Raagaaya Maheshvaraaya  
Nityaaya Shuddhaaya Dig-Ambaraaya  
Tasmai Na Kaaraaya Namah Shivaaya

मन्दाकिनीसलिलचन्दनचर्चिताय  
नन्दीश्वरप्रमथनाथमहेश्वराय ।  
मन्दारपुष्पबहुपुष्पसुपूजिताय  
तस्मै म\_काराय नमः शिवाय ॥२॥

Mandaakinii Salila Candana Carcitaaya  
Nandi Iishvara Pramatha Naatha Maheshvaraaya  
Mandaara Puspa Bahu Puspa Su Puujitaaya  
Tasmai Ma Kaaraaya Namah Shivaaya

शिवाय गौरीवदनाब्जवृन्द\_  
सूर्याय दक्षाध्वरनाशकाय ।  
श्रीनीलकण्ठाय वृषध्वजाय  
तस्मै शि\_काराय नमः शिवाय ॥३॥

Shivaaya Gaurii Vadana Abja Vrnda  
Suuryaaya Dakssa Adhvara Naashakaaya  
Shrii Niilakanntthaaya Vrssa Dhvajaaya  
Tasmai Shi Kaaraaya Namah Shivaaya

वशिष्ठकुम्भोद्भवगौतमार्य\_  
मूनीन्द्रदेवार्चितशेखराय ।  
चन्द्रार्कवैश्वानरलोचनाय  
तस्मै व\_काराय नमः शिवाय ॥४॥

Vashissttha Kumbhodbhava Gautama Aarya

Muuni Indra Deva Aarcita Shekharaaya  
Candra-Aarka Vaishvaanara Locanaaya  
Tasmai Va Kaaraaya Namah Shivaaya

यज्ञस्वरूपाय जटाधराय  
पिनाकहस्ताय सनातनाय ।  
दिव्याय देवाय दिगम्बराय  
तस्मै य\_काराय नमः शिवाय ॥५॥

Yajnya Svaruupaaya Jattaa Dharaaya  
Pinaaka Hastaaya Sanaatanaaya  
Divyaaya Devaaya Dig Ambaraaya  
Tasmai Ya Kaaraaya Namah Shivaaya

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